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MTB Trails

Partschins Naturns Kastelbell-Tschars
 Parcines Naturno Castelbello-Ciardes



UPHILL SINGLE TRAIL FAMILY TOUR BIKE-HIGHLINE

MTB Willkommen

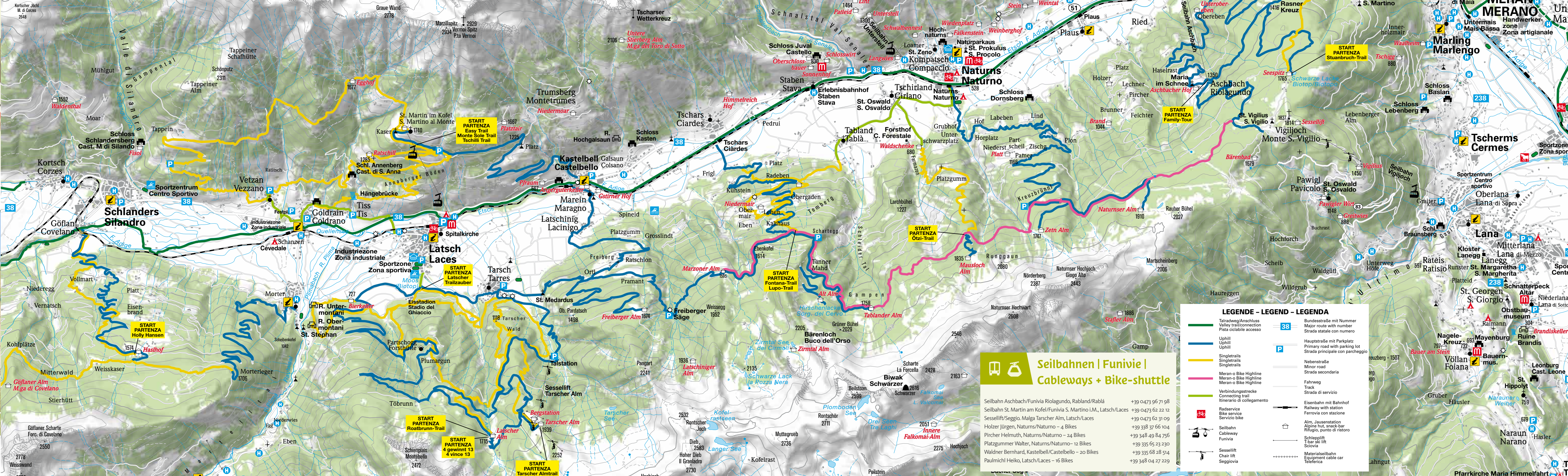
Unvergleichliche Panoramen, unverwechselbare Landschaften, mediterrane Flora und Fauna am Sonnenberg, schattige Touren am walddichten Nörderberg sind die beschreibenden Adjektive dieses MTB-Gebiets!
 Kurzum: eine Fülle unwiderstehlicher Anreize, die es für Sie beim Mountain-Biken in Partschins, Naturns und Kastelbell, von der Talsohle bis hoch hinauf zu entdecken gibt. Unendliche Mountainbike-Strecken auf den Spuren der Transalp auf den beiden Talseiten der Region mit Blick auf unvergleichliche Panoramen von malerischen Almen und Bergasthöfen sind garantiert. Und echte Südtiroler Gastlichkeit gibt's extra dazu!
 Geführte MTB-Touren und Techniktrainings mit professionellen Guides, Dienst- und Serviceleistungen (Fahrradshops/-verleihe, Bike-Shuttles, Fahrradwerkstätten), die es für Ihren gelungenen Aktivurlaub braucht, runden das Bike-Angebot ab. Ebenso gibt es für weniger trainierte „Radler“ die Möglichkeit, E-Bikes auszuleihen und damit in eine unverwechselbare Naturkulisse durchzustarten.

Benvenuti

Un panorama incredibile, paesaggi unici al mondo, flora e fauna mediterranea del Monte Sole ed escursioni all'ombra nei boschi del Monte Tramontana: sono gli aggettivi per descrivere questa regione MTB!
 Un infinito numero di stimoli per scoprire con la mountain bike la zona di Parcines, Naturno e Castelbello, dal fondovalle fino in alta montagna. Sono garantiti innumerevoli percorsi mountain bike sulle tracce della Transalp su entrambi i lati della valle con viste panoramiche indimenticabili da malghe e rifugi alpini. Il tutto accompagnato dalla proverbiale ospitalità altoatesina! L'offerta viene completata da escursioni guidate MTB, corsi di tecnica con guide professioniste, servizi intorno alla bici (negozi, noleggi, bike-shuttle, officine) e quant'altro può servire per una vostra vacanza attiva in bicicletta. Per ciclisti un po' meno sportivi c'è la possibilità di noleggiare bici elettriche e di passeggiare con queste in mezzo a un incanteamento paesaggioso naturale.

Welcome

The views are truly incredible, with landscapes unlike anywhere else in the world. There is Mediterranean flora and fauna on the Sonnenberg mountain and forest hiking on the Nörderberg mountain. This ideal mountain-biking region can only be described in superlative terms! There are an infinite number of reasons for exploring the area around Partschins, Naturns and Kastelbell on mountain bike, starting from the valley bottom and leading up into the high mountains. There are countless mountain bike trails criss-crossing both sides of the valley on the track of the Transalp with unforgettable views from the Alpine pastures and mountain huts, accompanied by the proverbial Tyrolean hospitality! On offer also guided mountain-biking tours, technical courses with professional guides, cycling services (i.e. sales outlets, bike rentals, bike-shuttles, workshops, etc.), all useful for your outdoor cycling holiday. For slightly less energetic cyclists, there are also electric bicycles available for rental, enabling them to enjoy riding in this magnificent, pristine landscape.



LEGENDE - LEGEND - LEGENDA

- Talradweg/Anschluss Valley trail/connection Pista ciclabile accesso
- Uphill Uphill Uphill
- Singletrails Singletrails Singletrails
- Meran-o Bike Highline Meran-o Bike Highline Meran-o Bike Highline
- Verbindungsstrecke Connecting trail Itinerario di collegamento
- Radservice Bike service Servizio bici
- Seilbahn Cableway Funivia
- Sessellift Chair lift Seggiovia
- Bundesstraße mit Nummer Major route with number Strada statale con numero
- Hauptstraße mit Parkplatz Primary road with parking lot Strada principale con parcheggio
- Nebenstraße Minor road Strada secondaria
- Fahrtweg Track Strada di servizio
- Eisenbahn mit Bahnhof Railway with station Ferrovia con stazione
- Alm, Jausestation Alpine hut, snack-bar Rifugio, punto di ristoro
- Schlepplift Chair ski lift Sciovia
- Materialseilbahn Equipment cable car Teleferica

Seilbahnen | Funivie | Cableways + Bike-shuttle

Seilbahn Aschbach/Funivia Riolagundo, Rabland/Rablà	+39 0473 96 71 98
Seilbahn St. Martin am Kofel/Funivia S. Martino i.M., Latsch/Laces	+39 0473 62 22 12
Sessellift/Seggiovia Malga Tarscher Alm, Latsch/Laces	+39 0473 62 31 09
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Pircher Helmuth, Naturns/Naturno – 24 Bikes	+39 348 49 84 756
Platzgummer Walter, Naturns/Naturno – 12 Bikes	+39 335 65 23 230
Waldner Bernhard, Kastelbell/Castelbello – 20 Bikes	+39 335 68 28 514
Palmichl Helko, Latsch/Laces – 16 Bikes	+39 348 04 27 229

MTB Schwierigkeitsgrad
 Difficoltà Difficulty

S0

Wegbeschaffenheit Conditions Trail Trail conditions	Fester und griffiger Untergrund Fondo resistente e antiscivolo Resistant and non-slip base
Hindernisse Obstacle Obstacles	Keine Nessuno None
Gefälle Gradiente Gradient	Leicht bis mäßig Da lieve a moderata Mild to moderate
Kurven Curve Curves	Weit Ample Far
Fahrttechnik Tecnica di guida Driving technique	Kein besonderes fahrtechnisches Können nötig Non sono richieste particolari abilità di guida No special driving skills required

S1

Wegbeschaffenheit Conditions Trail Trail conditions	Looserer Untergrund möglich, kleine Wurzeln und Steine Fondo con possibili radici e rocce Looser subsoil possible, small roots and rocks
Hindernisse Obstacle Obstacles	Kleine Hindernisse, Wasserrinnen, Erosionsschäden Piccoli ostacoli, burroni, danni da erosione Small obstacles, gullies, erosion damage
Gefälle Gradiente Gradient	< 40%/12°
Kurven Curve Curves	Eng Strette Closely
Fahrttechnik Tecnica di guida Driving technique	Fahrttechnische Grundkenntnisse nötig, Hindernisse können überrollt werden Consapevolezza tecnica necessaria per affrontare ostacoli di base Driving basic technical knowledge necessary obstacles can be rolled over

S2

Wegbeschaffenheit Conditions Trail Trail conditions	Untergrund meist nicht verfestigt, größere Wurzeln u. Steine Ground usually does not solidify, larger roots and stones
Hindernisse Obstacle Obstacles	Flache Absätze und Treppen Lana di Mezzo Lana di Mezzo Shallow ramps and steps
Gefälle Gradiente Gradient	< 70%/35°
Kurven Curve Curves	Leichte Spitzkehren Spigolose Light hairpins
Fahrttechnik Tecnica di guida Driving technique	Fortgeschrittene Fahrtechnik nötig Servono tecniche di guida avanzate Advanced driving techniques is necessary

S3

Wegbeschaffenheit Conditions Trail Trail conditions	Verblockt, viele große Wurzeln/Felsen, Rutschiger Untergrund, loses e Superficial scivolose, ghiaione sciolto Splinted many large roots/rock, slippery surfaces, loose scree
Hindernisse Obstacle Obstacles	Hohe Absätze Alti dislivelli High heels
Gefälle Gradiente Gradient	> 70%/35°
Kurven Curve Curves	Enge Spitzkehren Tornanti stretti Tight hairpins
Fahrttechnik Tecnica di guida Driving technique	Sehr gute Bike-Beherrschung nötig Si richiede ottimo controllo della bici Very good bike control is required

